

OCTOBER 2022

SALAD AND FRUIT BARS OFFERED AT ALL SITES BUT BROWN

9/27/22

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 --BREAKFAST-- Benefit Bar, Fruit Cups, Juice --LUNCH-- BBQ Sandwich, Fries, Broccoli, Fresh Fruit	4 --BREAKFAST-- Pancake on a Stick, Applesauce, Juice --LUNCH-- Beef & Cheese Nachos, Pinto Beans, Carrots, Pears	5 --BREAKFAST-- Cream Cheese Bagel or Frudel, Sliced Apples, Juice --LUNCH-- French Bread Pepperoni Pizza, Green Beans, Mixed Fruit	6 --BREAKFAST-- Cereal, Cheese Stick, Banana, Juice --LUNCH-- Chicken Nuggets, Mashed Potato, Cucumbers, Gravy, Roll, Peaches	7 NO SCHOOL 
10 NO SCHOOL  INDIGENOUS PEOPLES' DAY	11 --BREAKFAST-- Ultimate Breakfast Round, Applesauce, Juice --LUNCH-- Pizza, Broccoli, Carrots, Peaches	12 --BREAKFAST-- Waffle, Sliced Apples, Juice --LUNCH-- Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit	13 --BREAKFAST-- Egg & Cheese English Muffin, Banana, Juice --LUNCH-- Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Pears	14 --BREAKFAST-- Pizza, Apple Crisps, Juice --LUNCH-- Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie
17 	18 --BREAKFAST-- Cake Donut, Applesauce, Juice --LUNCH-- Pizzaboli Bites, Broccoli, Carrots, Peaches	19 --BREAKFAST-- Muffin, Sliced Apples, Juice --LUNCH-- Cheeseburger, Baked Beans, Lettuce & Tomato, Fresh Fruit	20 --BREAKFAST-- Eggstravaganza Burrito, Banana, Juice --LUNCH-- Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears	21 --BREAKFAST-- Pancake Bites, MixZees Dried Fruit, Juice --LUNCH-- Drumsticks, Macaroni & Cheese, Green Beans, Carrots, Applesauce
24 --BREAKFAST-- Benefit Bar, Fruit Cups, Juice --LUNCH-- Beef & Cheese Nachos, Pinto Beans, Carrots, Pears	25 --BREAKFAST-- Pancake on a Stick, Applesauce, Juice --LUNCH-- BBQ Sandwich, Fries, Broccoli, Mixed Fruit	26 --BREAKFAST-- Cream Cheese Bagel or Frudel, Sliced Apples, Juice --LUNCH-- French Bread Pepperoni Pizza, Green Beans, Fresh Fruit	27 --BREAKFAST-- Egg & Cheese Biscuit, Banana, Juice --LUNCH-- Chicken Nuggets, Mashed Potato, Cucumbers, Gravy, Roll, Peaches	28 --BREAKFAST-- Cereal, Cheese Stick, Apple Crisp, Juice --LUNCH-- Frito Pie, Corn, Carrots, Applesauce
31 --BREAKFAST-- Ultimate Breakfast Round, Fruit Cups, Juice --LUNCH-- Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit		FREE BREAKFAST AND LUNCH FOR ALL STUDENTS		

USDA is an equal opportunity provider and employer.